

BOARD OF DIRECTORS 2015-2016

Sherry Allen
Board Chairman

Susan Gerson
Vice-Chairperson

John Nicolson
Vice-Chairperson, Finance

Delores Saunders
Secretary

Dennis Campbell
Lynn Jones
Debbie Reynolds
Wendi Schweiger
Sandy Walden

Perry Flynn
Tom Morrison
Karen Schaeede
Jerry Shoffner

OUR MISSION

Helping youth achieve safety, security, and success.



715 N. Eugene St.
Greensboro, NC 27401
www.youthfocus.org
336-274-5909

RETURN SERVICE REQUESTED

Youth Focus Inc.



2015-2016 ANNUAL REPORT

AGENCY PROGRAMS & SELECTED OUTCOMES

Counseling: 508 youth were served. The clients served improved emotionally and behaviorally as measured by pre and post ratings. Eighty five percent of the parents rated their child's mental/behavioral health as improved.

Family Preservation: Thirty four young people and their families received intensive in-home counseling and 87% remained in their home at the termination of services.

Day Treatment: 110 students received educational and mental health services. Pre and post ratings of psychiatric functioning indicated improvement in many areas including reduced aggression and reduced rule breaking behavior.

Therapeutic Family Services: The program averaged 32 children in care. Pre and post results on the Child Behavior Checklist indicated improvement in several areas.

Act Together Crisis Care: 183 children were provided safe shelter. Eighty four percent of the parents saw improvements with their child in a one month follow up after leaving the shelter.

Adolescent Substance Abuse Program: 86% of the clients had an improvement in the substance abuse subscale of the Child and Adolescent Functional assessment Scale.

Transitional Living Program: These two programs that help older adolescent females transition to independent living served 19 clients this past year.

Residential Treatment Center: Pre and post testing on the RTC Rating Scale demonstrated improved functioning in the areas of depression, conduct disorder and interpersonal adjustment.

REVENUES & EXPENDITURES

REVENUE	Amount	Percentage
Medicaid	3,613,624	57.01%
State and Federal	1,571,855	24.80%
Guilford County	627,763	9.90%
Other Grants and Contracts	188,270	2.97%
United Way	164,726	2.60%
Client fees and insurance	60,667	0.96%
City of Greensboro	60,340	0.95%
Alamance County	35,727	0.56%
Investment Income	-12,320	-0.19%
Fund Raising and Contributions	27,053	0.43%
Special Events	500	0.01%
Total Revenue	6,338,205	100.00%
EXPENSES		
Residential Treatment Center	1,619,436	24.96%
Day Treatment	1,253,073	19.32%
Counseling	657,305	10.13%
Family Preservation	343,617	5.30%
Transitional Living Programs	464,152	7.16%
Emergency Shelter	547,826	8.45%
Therapeutic Family Services	314,300	4.85%
Substance Abuse Services	361,457	5.57%
Residential		
Miscellaneous/Bad Debt	23,300	0.36%
Management and Administration	902,382	13.91%
Total Expenses	6,486,848	100.00%

CONTINUOUS QUALITY IMPROVEMENT

We are continually trying to find ways to improve our services in the community. Please let us know if you have any suggestions about ways we can improve our services or additional services that are needed in the community that are not available. Some highlights from this past year's CQI efforts are as follows:

- **Structured Day:** Increase Trauma-Informed Training
Results: Client incidents decreased 3 out of 4 quarters
- **My Sister Susan's House:** Ensure all clients have physicals within the first 2 weeks of admission. Results: (1/15 - 6/15) 18% of the time. Verses 15/16 Fiscal Year: 100%
- **ACT Together Crisis:** Decrease client's average length of stay. Results: Baseline average length of stay: 47 days. 15/16 Average: 33 days. Surpassed target of 38.
- **The Residential Treatment Center, Mell-Burton School and the Adolescent Substance Abuse Program:** Reduction in their number of medication errors. Results: As an agency medication errors decreased by 79%.

In summary, evidence within the report demonstrates staff's ability to identify areas of improvement and successfully develop and implement strategies that enhance our services and sustain gains. While not all quality improvement targets were met, service delivery outcomes were trending in a positive direction and the quality improvement systems put in place to continually monitor and adjust services were appropriately followed and effective. The Quality Improvement Report shows that all programs continue to meet the needs of the individuals they serve through the delivery of high quality services.

To view our entire CQI Annual Report please go to our web site at: www.youthfocus.org and click on the CQI tab. If you need to access Youth Focus services please call us at 336-333-6853 in Greensboro or 336-841-6083 in High Point.